

Geriatric Medicine Refresher Day

25th Anniversary

Back to the Future: 25 Years of Geriatric Care

Wednesday, May 4, 2011

7:30 am to 4:00 pm

London Convention Centre, London, Ontario



7:30am–8:20am Registration, Displays and Refreshments

8:20am–8:30am WELCOMING REMARKS

Laura Diachun, Conference Chair, MD, Division of Geriatric Medicine, St. Joseph's Health Care, London

8:30am–9:20am PLENARY SESSION

Moving Forward in Dementia Care: The Remarkable Difference

Twenty-five Years Has Made

Lori Schindel Martin, RN, PhD, Ryerson University

Learning Objectives:

- Describe 25 years of progression in best practice developments in areas such as person-centered care, end-of-life care, responding to aggression, and sexuality in the dementia context
- Discuss predictions for dementia care we might see by 2020

9:20am–9:50am Refreshments, Displays and Networking

9:50am–11:00am MORNING CONCURRENT WORKSHOPS

1. Sleep & Sleep Disorders in the Elderly

Jennifer Barr, MD, London Health Sciences Centre

Learning Objectives:

- Describe common sleep disorders in the elderly
- Utilize cognitive behavioral strategies to help improve the sleep-wake cycle

2. What Does the Research Tell us About Bathing Interventions that Aim to Reduce Responsive Behaviour in the Dementia Context?

Lori Schindel Martin, RN, PhD, Ryerson University

Learning Objectives:

- Discuss research-informed literature on bathing and personal body care in the dementia context and identify best practice approaches
- Discuss implications for development of research-informed education programs for family and professional care-givers

3. Osteoporosis: Past, Present and Future

Richard Crilly, MD, St. Joseph's Health Care, London

Learning Objectives:

- Describe the current ideas about risk assessment in fracture prevention
- Discuss current treatment options, their advantages and disadvantages, and what is in the pipeline

4. Starting, Continuing or Stopping Medication Therapy in the Older Patient: 5 Clinical Situations

Luis Viana, Pharmacist, Medical Pharmacies Group, Inc.

Learning Objectives:

- Discuss evidence around the use of statins, bisphosphonates, glucose controllers, opioids and calcium
- Contrast benefits vs. risks of these medications

5. Top 15 Geriatric Papers of 2010

Chris Brymer, MD, St. Joseph's Health Care, London

Learning Objectives:

- Identify and discuss recent high-quality research that may affect current understanding and care of common geriatric problems

6. Parkinsonian Disorders That YOU Can Diagnose!

David F. Tang-Wai, MDCM, University Health Network

Learning Objectives:

- Identify and examine a person with parkinsonism
- Describe the clinical spectrum of parkinsonian disorders

11:10am–12:20pm MORNING CONCURRENT WORKSHOPS

7. Restorative Care Programming - Making the RAI Connection

Clara Fitzgerald, Director, Canadian Centre for Activity and Aging

Leslie McAdam, Education Coordinator, Canadian Centre for Activity and Aging

Learning Objectives:

- Identify strategies to maximize Resident Assessment Instrument (RAI) scores using outcome-based Restorative Care Programming
- Identify ways to enhance your exercise programming resources

8. Stroke Best Practices: Prevention & Acute Care Management

Janet Liefso, RN, London Health Sciences Centre

Gwenyth Stevenson, OT, London Health Sciences Centre

Learning Objectives:

- Describe BPG and resources for stroke prevention and management of acute stroke patients

9. To Be Disinhibited or Not To Be: The Spectrum of Frontotemporal Dementia

David F. Tang-Wai, MDCM, University Health Network

Learning Objectives:

- Identify the varied clinical and radiographical spectrum of frontotemporal dementias

10. The Role of Diet and Nutritional Supplements in the Treatment of Sleep, Mood and Memory Problems

Aileen Burford-Mason, PhD, Holistic Health Research Foundation

Learning Objectives:

- Describe sleep, mood and memory in the context of overall nutrition
- Discuss the role of nutritional supplements in enhancing cognitive function in older adults

11. Starting, Continuing and Stopping Medication Therapy in the Older Patient: 5 Clinical Situations (repeat of workshop #4)

12. Top 15 Geriatric Papers of 2010 (repeat of workshop #5)

12:20pm–1:30pm Lunch, Displays and Networking

12:45pm - CAKE CUTTING CEREMONY with SPECIAL GUEST

1:30pm–2:20pm PLENARY SESSION

Innovations in Geriatric Care: Making Small Miracles

Geoff Fernie, PhD, PEng, Vice President of Research, Toronto Rehab

Learning Objectives:

- Identify recent inventions to increase the safety of caregivers and patients
- Discuss recent results of research to increase the function and safety of older people living in the community

2:20pm – 2:30pm Afternoon Break

2:35pm–3:45pm AFTERNOON CONCURRENT WORKSHOPS

13. Delirium Prevention and Management Strategies

Laurie McKellar, PNP, St. Joseph's Health Care, London

Learning Objectives:

- Describe strategies to prevent and manage delirium

14. Best Practice Stroke Care in Rehabilitation, Community and LTC: Making It Happen

Deborah Willems, PT, SWO Stroke Network

Paula Gilmore, OT, SWO Stroke Network

Learning Objectives:

- Discuss the 2010 BPG for Stroke Care in rehabilitation and the community settings
- Describe the role of the Stroke Network in knowledge translation using examples of current initiatives

15. Preparing to Welcome an Elderly Relative Home from Hospital

Geoff Fernie, PhD, PEng, Vice President of Research, Toronto Rehab

Bonnie Fernie, Geriatric Nurse Specialist

Learning Objectives:

- Discuss risk management in the transition to home
- Identify potential care systems including family training and involvement, community supports, environment and equipment

16. Supporting Seniors Locally: The Residents' First Initiative

Debra Woods, Planning and Integration Lead, South West LHIN

Patsy Morrow, Improvement Facilitator Lead, OHQC

Learning Objectives:

- Discuss Residents' First Initiative and the South West LHIN
- Utilize quality improvement methodologies leading to enhanced quality of life

17. The Role of Diet and Nutritional Supplements in the Treatment of Sleep, Mood and Memory Problems (repeat of workshop #10)

18. Restorative Care Programming - Making the RAI Connection (repeat of workshop #7)

3:45pm–4:00pm CLOSING COMMENTS AND EVALUATION

Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2010 conference evaluation, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists, pharmacists, nutritionists, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference

We are proud to present and celebrate our 25th annual conference in Geriatric Medicine that provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage interdisciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. Please visit our exhibits and book sale. *We look forward to seeing you!*

Sponsors

Division of Geriatric Medicine, St. Joseph’s Health Care, London; The University of Western Ontario, Schulich School of Medicine and Dentistry, London, Ontario; The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program.

Industry Sponsors

This program has been made possible through educational grants from Amgen, Eli Lilly Canada Inc., Lundbeck Canada Inc., Merck, Novartis Pharmaceuticals Canada Inc. and Pfizer Canada Inc.

Study Credits:

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 5.75 MAINPRO-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, The University of Western Ontario. (5.75 hours)

Fee

The fee is \$150 per person (\$60 per student/volunteer). The fee must accompany the registration and is nonrefundable after **April 28, 2011. All registrations received prior to April 1, 2011 will be entered into our “Early Bird Draw” and are eligible to receive a full refund of your 2011 registration fee. We encourage all to register prior to April 1, 2011.** Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 28, 2011 will result in a refund minus \$40. Registrations received after April 28th, 2011 will be considered only if space permits.

Receipt

All receipts will be available the day of the conference. Your receipt is valuable. It is an official receipt and proof of registration. In case of refund, the original receipt must be returned to the Division of Geriatric Medicine, St. Joseph’s Health Care London. A \$5 fee is charged for a replacement receipt.

Parking

Parking is not included in your registration fee this year. Please be prepared to pay for your own parking.

New Online Registration at:

www.sjhc.london.on.ca/geriatricrefresher2011

Please register online with us to ensure that you receive next year’s flyer
To receive the 2012 flyer without registering this year, please e-mail Monica Dease at monica.dease@sjhc.london.on

Date: Wednesday, May 4, 2011
Time: 7:30 a.m. - 4:00 p.m.
Location: London Convention Centre
300 York Street, London, ON N6B 1P8
Fees: \$150.00 per person
\$60.00 per full-time student

Registration Deadline: April 28, 2011

Completed registration forms can be mailed or faxed to:
Monica Dease, Parkwood Hospital
801 Commissioners Road East
London, ON N6C 5J1
Phone: (519) 685-4292, Extension 42068
Fax: (519) 685-4016
Email: monica.dease@sjhc.london.on.ca

Registration Form

Name

Address to mail your receipt

Facility/Organization

Phone

Email

MC ☐ Visa ☐ Cheque/Money Order ☐

(Please make cheques payable to SJHC)

Credit Card #

Expiration

☐ \$150.00 per person

☐ \$60.00 per full-time student

Concurrent Workshops
(Please choose one session in each time slot)

Morning Concurrent Workshops 9:50—11:00

☐ 1. Sleep & Sleep Disorders

☐ 2. Bathing Interventions

☐ 3. Osteoporosis: Past, Present & Future

☐ 4. Medication Therapy in the Older Patient

☐ 5. Top 15 Geriatric Papers of 2010

☐ 6. Parkinsonian Disorders

Morning Concurrent Workshops 11:10 —12:20

☐ 7. Restorative Care Programming

☐ 8. Stroke Best Practices: Prevention & Acute Care

☐ 9. The Spectrum of Frontotemporal Dementia

☐ 10. Diet & Nutrition in Sleep, Mood & Memory

☐ 11. Medication Therapy in the Older Patient

☐ 12. Top 15 Geriatric Papers of 2010

Afternoon Concurrent Workshops 2:35—3:45

☐ 13. Delirium Prevention & Management

☐ 14. Stroke Rehabilitation

☐ 15. Preparing to Welcome Home

☐ 16. Residents’ First Initiative

☐ 17. Diet & Nutrition in Sleep, Mood & Memory

☐ 18. Restorative Care Programming